

Employee Assistance Programme (EAP)



Provides support for work and personal issues



Telephone Counselling Support
Face to Face Counselling Support
Health & Wellbeing Support
Legal Information
Child & Elder Information
Money & Debt Support
vClub Information & Resources
Signposting to Specialist Agencies



0800 3 58 48 58

Outside UK: +44 141 271 7179

For online support join vClub at validium.com

Username: **TSG**

Password: **wellbeing**

NGT Service: 18001 + helpline number or download NGT Lite App.
Ensure your device is connected to WI-FI to run NGT Lite.



My vClub – Available on App Store & Google Play